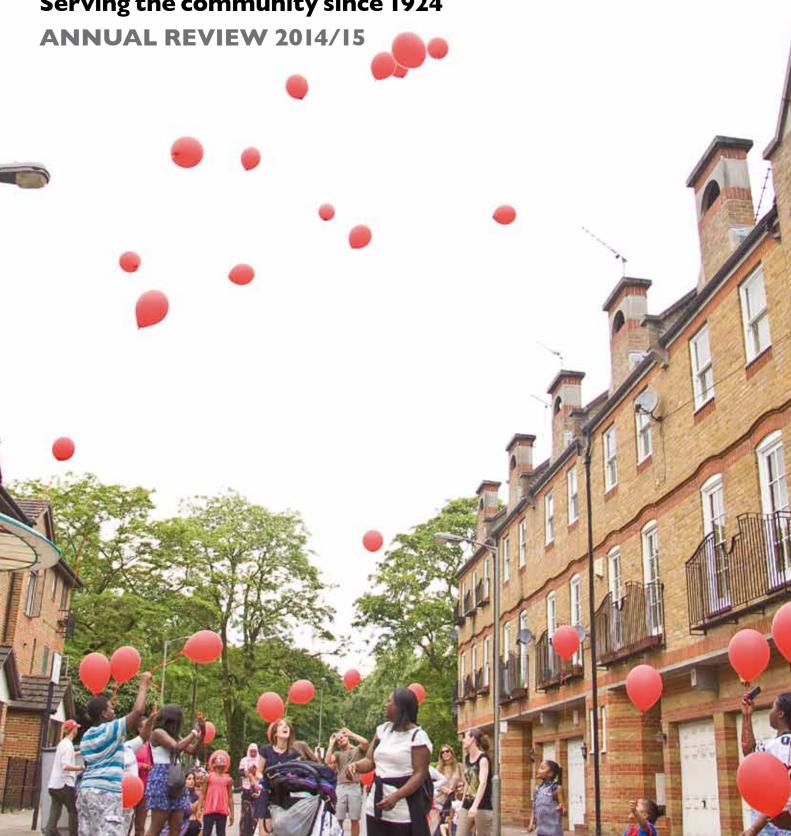


# **KATHERINE LOW** SETTLEMENT

Serving the community since 1924



# Our Vision, Mission and Values

At Katherine Low Settlement we are driven by our vision and mission and led by our values.

Our vision is for a society where people fight poverty, tackle injustice, and realise their potential together. Our principle mission is to

- Relieve and prevent poverty, disadvantage and discrimination
- Foster community cohesion
- Promote social inclusion and reduce isolation, increasing health and well-being of those on the margins of the local community
- Consider the needs of all people

We are led by the values of

- Respecting the unique worth of individuals and empowering them to fulfil their potential
- Respecting the right of individuals and communities of interest to make their own choices and enabling them to make informed decisions
- Valuing diversity and difference
- Challenging discrimination in all its forms and promoting equality of opportunity
- Working collaboratively with others
- Providing the best service possible with the resources available
- Providing services to meet immediate needs while undertaking activities to tackle the causes of need
- Minimising impact on the environment and promoting sustainable development

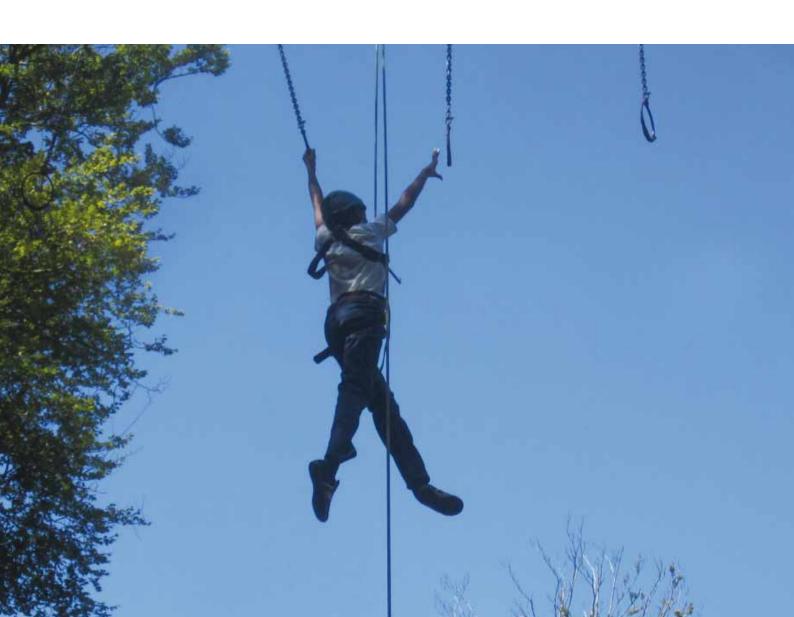


# Who we are and what we do

atherine Low Settlement is a multi-purpose charity that has been serving the communities of Battersea and Wandsworth since 1924. We are dedicated to building stronger communities so that we can enable people to challenge and find ways out of poverty and isolation. We run a range of our own community projects to support children, young people and their

families, older people and newlyarrived refugee communities. We recognise there are many other expert local charities and community groups working with, for example, disabled people and mental health users. We therefore invite them to operate from our premises and so together, as partners, we can meet the diverse needs of the local communities of Wandsworth. Each week we work with 38 charities & groups supporting more than 500 people.

Visit www.klsettlement.org.uk



# What is a community?

he term 'community' is used extensively in almost all areas of our lives. It originally derives from the Latin communitas defined as 'things held in common'. Some definitions focus on community as a geographical area; some on a group of people living in a particular place with common characteristics (such as solidarity, commitment, reciprocity, mutuality and trust); and others which look to community as an area of common life or shared identify and interests.

Regardless of the precise academic definition the sociologist, David Brain (2004), makes an interesting point about how communities work together and take collective action, 'People working together with shared understandings and expectations are what provide a place of strong community'. At KLS the approach we take to our work is as important as the work itself. We are led by our values as we strive to build stronger communities and challenge poverty.

# What do we mean by poverty?

overty is more than just material deprivation but also the ability to fully participate in society. We use Professor Peter Townsend's wider definition of poverty (1979), 'Individuals, families and groups in the population can be said to be in poverty when they lack the resources to obtain the type of diet, participate in the activities and have the living conditions and the amenities which are customary, or at least widely encouraged or approved in the societies to which they belong. Their resources are so seriously below those commanded by the average family that they are in effect excluded from the ordinary living patterns, customs, and activities.'

# The Chair's report

### **Margaret Robson**

ear friends and supporters, Welcome to our Annual Review for the year to April 2015, a significant year as we continued to celebrate 90 years of the Settlement's service to the community. As I write this report I am mindful of grave issues reported in the national press. Most notable perhaps is the growing problem of refugees from war torn countries, desperately seeking safety and a future for themselves and their families. In our own country we have the continuing and growing impact of benefit changes and housing policies on some of the most vulnerable and needy people in our community with yet more to come.

### Support

We cannot here at Katherine Low, make a major change or influence on these situations but we can and do aim to do everything in our power to provide a place of safety, welcome and support to all who come into our building and use our services. This has always been the aim and values of KLS and as Battersea has changed over the years and become a more diverse community, the significance of that ethos is perhaps more important than ever. We have welcomed the opportunities to identify and provide services for a very wide range of people and we are proud of the fact that we bring many people together who might never meet otherwise and by doing so strengthen the community as a whole.

I am delighted to report that we have had another successful year with a healthy surplus and reserves at the end of the financial year, which ensures that we can plan for the future with confidence and optimism. Aaron, our Director, has continued to make a very significant impact on the running and development of the Settlement; having proved his worth many times over, we are confident about continued funding for his post. He would be the first to acknowledge that this has only been possible with the essential skills, support and commitment of our senior staff group: Tracy, Sarah

A special thank you goes to Tracy who has held the fort at times for a variety of reasons and ensured that the show most definitely goes on. We have lost some highly valued long term members of staff but are delighted to welcome new staff (see the projects' own reports) who come with a wealth of experience and enthusiasm. We seem to have the knack of attracting great people who themselves are attracted to our ethos and independence. Thank

you to all our wonderful staff and volunteers.

#### Skills

Thanks go to the Board of Trustees who with their varying skills and experience continue to provide a necessary, steady and critical position within the Settlement. There have been some changes to the Board. We are pleased to welcome Nicholas Stopford as Treasurer, Simona Batakyte having resigned. We are also delighted to welcome Mohammed Ali.

Our thanks of course go to all our funders – we have successfully raised funds from a wide range of sources, large and small, trusts, organisations and individuals. I would like this year to especially mention the Wates Foundation and our President John Wates. It was a great pleasure to announce at our AGM that the (previously known as) meeting room is now the WATES ROOM in recognition of John's very long association with KLS – as a volunteer, a trustee, chairman and President and always a good friend and enthusiastic supporter – and the Wates Foundation who have generously supported our work over many years. We are delighted to continue and strengthen our association with Francis Holland and Thomas's schools through pupils, parents and teachers.

Finally a very big thank you to all of you, the people who use and support our Settlement and who make it the vibrant and wonderful place it is.

# Strategic Priorities

trategic priorities for the next three years for Katherine Low Settlement are to: he business model to deliver this strategy at Katherine Low Settlement is to:

### **Grow our services**

Improve our community centre

Build stronger communities & campaign

Celebrate our 90th Birthday

Identify and develop services that meet local needs and address KLS's charitable purposes, principally in Battersea, London Borough of Wandsworth.

Open our community centre for other local charities and community groups to rent office space and/or hire rooms to run their own services for the benefit of local residents.

Build stronger communities & campaign by working together with other voluntary and statutory organisations and community networks.

### A few of our wonderful volunteers



# Challenges for local residents

atherine Low Settlement is based in the heart of Battersea. Although in modern times it is known for its wealth, Battersea remains characterised by economic inequality, with large social housing estates surrounded by more prosperous areas.

Battersea is an area of significant deprivation in the London Borough of Wandsworth, where poverty, overcrowded housing, poor health, low levels of educational attainment and high levels of unemployment lead to a significant lack of positive opportunities for local people. Latchmere and Queenstown wards, where KLS focuses much of its work, rank in the most economically deprived 5% of the UK and over 40% of children live in a family dependent on income-

related benefits (Census, 2011; London Poverty Profile, 2013).

KLS has historically based its services on identified need changing and adapting its work to best serve the local community. A Community Audit in 1996 identified the need to work with children, young people and their families, as well as older people, which set KLS agenda for the next 10 years. We undertook similarly rigorous research (statistical analysis/qualitative interviews) in 2013. This gave a good insight into local people's lives – their future dreams, the barriers and problems they currently face and importantly their ideas for change. The 'Community Wise' findings helped to identify the main challenges and opportunities in Battersea, as well as inform the development of KLS' latest 3-year strategy.

Challenges faced by Battersea residents include:

**Housing** (shortage, overcrowding, affordability, isolation, impact of welfare changes esp. benefit cap)

**Health** (mental health, CVD, COPD, FGM, disconnect between agencies)

**Regeneration** (lack of access to new jobs, lack of social housing, impact of growing population incl. congestion, pressure on public services)

**(un)Employment** (access to new jobs, growing in-work poverty, cuts to welfare benefits); Inequality (growing rich:poor dividedemographics, income, housing, education etc).



John Previte: supporting KLS for over 50 years

John has been supporting KLS for more than 50 years. He first came to the Settlement as a trainee Barrister in 1960. He spent two years volunteering here as, he says, 'poor man's lawyer', providing support to local residents with legal troubles. John went on to have a successful career as a barrister for 30 years and then a

circuit judge for another 10 before retiring aged 72.

Since his time with us John has kindly continued his support by making a small annual donation. I wrote to thank him in December last year and this is how he replied: 'Thank you for the Annual Review, as always full of interesting news and projects. This year is the Settlement's 90th anniversary, and it happens to be 50 years since I started donating a modest annual sum to KLS. I became interested in KLS when I was a very young barrister and had the time and interest to assist with the Poor Man's Lawyer sessions; Jack Davies (KLS' Warden for 25 years) was running the show. I am now 80. I think the time has come to end my annual contribution. I see that KLS is in good financial health and in receipt of substantial grants, which is as it should be.'

I invited John to visit and he came along today. We had a wonderful time walking through the building and introducing him to various people and projects in the Centre today: ESOL classes plus crèche, Railway Children nursery, EACH counselling, and finally Paul and Diane, two solicitors from SW London Law Centre, who continue the work that John did 50 years ago.

I'm honoured and humbled that someone would support our work for 50 years. I'm also pleased that we as a charity have been able to not just survive that long but positively thrive to support the communities of Battersea. And... we will continue to do so for many years to come. If you would like to make a donation and/or volunteer then do get in touch.

# Opportunites for local residents

eople are Battersea's greatest strength. Though turnover is high (half of residents have lived in the borough for less than 5 years), the population young (largest concentration of 20-40 year olds in London) and inequality rising, there is a real sense of community. The diverse population makes for a fabulous melting pot. But people want to connect more with other local residents and the support to create unity (KLS, Community Wise, 2015). They want opportunities to work, learn and volunteer, and to influence what happens locally. Importantly local people said KLS can play a pivotal part in making this happen.

Opportunities for Battersea residents include:

**Employment** (access to new jobs on Nine Elms/Battersea Power Station; opportunities for work experience and volunteering as a route into work)

**Transport** (new Battersea tube station increase connectivity)

**Community** (new demographic living alongside existing population creates opportunity for togetherness)

**Charity sector** (opportunities for partnerships).

Tony Morgan was KLS handyman for 14 fantastic years. He retired only last year aged 82 and died in January 2015 surrounded by his family.



Obituary: Tony Morgan

'Morning Bub' were the words that often welcomed me in the morning. I'd seen his beloved but patched up scooter on the way in and knew I was in for a good day. We'd have a chat as Tony was a man of banter, as well as practical jokes... like

leaving his screwdrivers in the cutlery draw in the kitchen or dressing up in silly costumes at parties. We'd talk about what was going on in the Centre, troubles in the news, as well as reminisce about holidays in Spain, and his working life as a baker and making pies for the Queen! The conversation would steer round

to family and out would come the latest photos and letters from his grand and great grandchildren. He was so proud of them.

Tony joined us 20 years ago following a heart attack and attended our 'Health Eaters' programme. He slotted right in and was quickly telling us how to organise things. When Eddie our handyman retired Tony was the obvious choice, and he worked closely with our Tracy (calling her his 'adopted daughter' and 'diamond') keeping the building going. Tony came to know everyone at KLS. He was kind and caring, treating everyone the same. But it was the kids who took the greatest shine to him. He became a grandfather figure to us all. Keeping us young with his zest

As he grew older Tracy encouraged him (with difficulty) to do less. He was last up a ladder aged 82. He'd hang out more in our reception welcoming people or helping with our Older People's Lunch Club alongside Brenda and Ayse – making pies, washing up, chatting and always with a bit of banter.

The last time I saw Tony was a few days before he moved down to Clacton to be near his family. He was miserable. He'd grown up in Fulham and lived nearly 40 years in Battersea and simply didn't want to go. This was home. But such was his declining health that he had to. Within a few minutes of talking he was back to his old self and stayed for two hours. I remember him saying good bye and stopping to chat and joke with many of our users with that lovely smile of his. And I'll remember him as such.

Bless you Tony. You'll be sorely missed but a part of you will always remain with us in Battersea.

## Achievements in 2014/15

n 2014/15 we continued to grow our current services with older people and newly-arrived refugee communities. Highlights include:

#### **Grow our services**

### **Older & Vulnerable People**

Katherine Low Settlement has worked with older people since its conception in 1924. They are a core part of the community that we continue to work with. We work with older people to achieve the following outcomes: encourage active and independent living; reduce isolation and loneliness; improve well-being and prevent ill-health; and enable older residents to be dynamic and contributing members of the Wandsworth community.

There is a spirit in here, a liveliness (at Lunch Club) ... no class system ... everyone is straightforward and realistic. When you've got a condition like mine, you know it's not going to get any better. These people say, 'you're not getting any better, but we will deal with it.' Brian,a member of

### Achievements and Performance

- KLS secured three year funding from Dunhill Medical Trust to grow its work with older people. We've hired new members of staff including Lucie Brooke (Outreach and Support Worker), Sisline Dunn (Cook), Kingsley Crooks (Driver), all of whom work alongside Sarah Rackham (Manager) and a great team of volunteers, to make it all happen.
- In partnership with Age UK Wandsworth and Wandsworth Older People's Forum we secured significant funding from Wandsworth CCG to establish a chair based exercise and social programme across the borough to keep older people out of hospital for longer.
- A number of one-off short projects took place at KLS this year including a reminiscence and performance project 'Are you sitting comfortably' with Battersea Arts Centre; a creative arts textile project with Shared Heritage culminating in a six week exhibition at Orleans House gallery in Twickenham; and a poetry project with Safe Ground called 'Groundation' in conjunction with a group of our elders and prisoners from Wandsworth Prison.
- We actively contributed to local policy, planning and decision making committees concerning older people including Wandsworth CCG PPI group, Wandsworth CCG Thinking Partners group, Wandsworth Healthwatch, What Next...? Arts Network, Battersea Community Forum, Carers Network, and the Older People's Forum and Network.

Over the year we ran 10 projects. 45 people attended the Pensioners' Lunch Club (however many members have died and more moved into hospices or care homes so can't attend. We continue to visit and support many of these older people); 33 Contact Club/Little Club members: 9 attended our Chair Based Exercise group; 7 people attended a monthly Mental Health Carers Group; 12 danced weekly with our Royal Academy of Dance tutor; 10 attended our intergenerational sewing group; outreach work with 7 Somali Elders families; 7 Gold & Silver Players at our Drama Group; 10 Line Danced; 10 attended Yoga; and 18 attended T'ai Chi for Elders.

#### **Outcomes**

Our older people have demonstrated great positivity and wellbeing throughout the year. They have increased their friendships amongst themselves and with the staff and volunteer team. This in turn has helped to reduce their isolation and increased their network of support and companionship.

Their confidence has increased as they take every opportunity to try new things and extend

out of their familiar comfort zone. They take part in our fun, stimulating and healthy activities, despite increasing fragility, memory loss and bereavement. Finally, we cried for some members who died during the year, but we also laughed a lot which is very good for the brain!





Shared Heritage: The Harmony Project

Iqbal Husain sharedheritage@gmail.com www.sharedheritage.org www.harmonyproject.co.uk Last year we had another wonderful arts and crafts experience with Shared Heritage and the Contact Club.

Shared Heritage, an arts charity specialising in textiles and design, obtained a Heritage Lottery funding to work with variety of community organisations and the Victoria and Albert Museum on a project inspired by the work of Christopher Dresser,

the influential 19th century designer. This entailed a wonderful visit to the V&A Museum and subsequent art and textile workshops at the Contact Club and with the Young Carers Project.

Our work was beautifully displayed at the Stables Gallery, Orleans House in Twickenham and included a video of our group 'at work'.

Top left: stretching at Chairbased Exercises Bottom left: welcoming each other at Pensioners' Lunch Club Right: volunteers preparing Christmas lunch



Mariana: Elders'
Chair-based Exercises

My name is Mariana Angelova and I teach a chair-based exercise class for older people at KLS. This is part of a health programme in partnership with Wandsworth Age UK, Wandsworth Clinical Commissioning Group and other local charities.

My role is to improve the mobility of those who attend so that they can live more independently and enjoy their daily life. Exercise improves balance, stability, mobility, strength and flexibility, and it improves blood circulation and breathing. Everyone is welcome and we cater for all levels of ability. We start the sessions by introducing each other, raising our arms and saying our

names. We have a lot of fun together and in doing so develop a sense of belonging. Everyone encourages each other to try and do the exercises.

The group started in October 2014 and has been growing since. Most of our 17 regular attendees have multiple health problems and low levels of mobility, and for some this is the only time they leave their home each week. We're working well with St John's Therapy Centre who refer older people to us, as do other community groups. Next year we plan to grow the class, and set up another, most likely a Somali Elders' group.

Older People's Work at KLS Lucie Brooke 020 7223 2845 lucie@klsettlement.org.uk

lucie@klsettlement.org.uk www.klsettlement.org.uk





**Grow our services** 

### **Newly-arrived** communities

Katherine Low Settlement works with newly-arrived refugee communities in a variety of ways including education support with our Love to Learn team; providing English Language (ESOL) classes; and a new Female Genital Mutilation (FGM) Health Community Champions project.

**Love to Learn** 

The principal way we work with newly-arrived refugee communities is through our Love to Learn team. They provide a range of education services for 200+ children, young people and their families

including befriending and mentoring support, advocacy

lucy@love-to-learn.org.uk and casework, a www.love-to-learn.org.uk homework club,

trips and activities. The aim is to increase their educational opportunities and rights to learning; confidence; well-being and aspiration. 9 p/t staff are supported by a fantastic team of committed volunteers. They work in partnership with schools, refugee organisations, advice agencies and community groups.

**Love to Learn Lucy Rix** 

020 7585 0339

My maths has improved. At the beginning it was difficult for me and there was a lot of stuff I did not understand, but now I feel better. The support has helped me to understand things in maths like percentages which I couldn't

A student at Battersea Park School having been supported by **Love to Learn** 

understand before.

### **Achievements and** performance

- '... feedback suggests that ... the young people's "motivation and confidence" has improved significantly. This is important as it provides the young people with a stronger foundation for future learning.' Comments from an independent interim evaluation of Love to Learn
- Wednesday Club We have supported 63 children and young people with homework, learning activities and trips in 2014. In 2015/16 we're expanding the Club to operate on Thursday, too
- Holiday trips and residentials (e.g. Battersea Arts Centre,

SOAS Saturday Club, pantomime, camping trip to Thistledown Farm, residential to Hindleap Warren, British Museum, Brighton etc) attended by 101 parents and

- Learning mentors 30 new learning mentors volunteers have been placed and 50 previous relationships have
- ESOL for Education (English) for Speakers of Other Languages) weekly workshops attended by 20 - 25 parents; we have recruited an extra volunteer teacher: 14 attended ESOL enrolment at South Thames College.
- Educational advocacy 3 caseworkers have supported 37 families to improve children's access to education, understanding of issues (e.g. Special Education Needs (SEN), exclusions and UK education system).
- Student placements (Foundation for International Education). 3 trainee teacher placements.
- Work with schools Meetings with 5 primaries and 5 secondary schools to discuss services and referrals; workshops on secondary transition and helping children with GCSEs.
- Campaign work This is no longer funded by Trust for London, but we applied to AB Charitable Trust and obtained £5000 to continue this work in 2015. In addition, we have a trainee social worker student who will be supporting us with lobbying work. During 2014 we lobbied on behalf of 12 families facing eviction, in partnership with Child Poverty Action Group (CPAG) and Public Law Project.
- Conference In October 2014, we co-organised a conference 'Improving Educational Outcomes for Refugee Students' in partnership with CARAS (formerly Klevis Kola Foundation), Sir Walter St John Educational Charity and Wandsworth EMAG Team

(Ethnic Minority Achievement Grant), attended by 63 teachers, practitioners, funders etc. to share our experience and learning from interventions.

Partnership working
With CARAS (Community Action
for Refugees and Asylum Seekers),
South London Refugee Association
(SLRA), Association of Somali
Women and Children (ASWAC),
the Elays Network, social services
refugee team, Wandsworth
EMAG, Wandsworth Advice
Forum etc. in order to improve
referrals, share experiences, and
improve understanding.

### **Outcomes**

'Ahmed's (staff member) work is excellent. He is a credit to Love to Learn and the school'... 'His support has helped at least one child from being excluded.' EMAG Co-ordinator, Battersea Park School talking about a member of our staff

- Refugee parents/carers involved with Love to Learn have increased their active support of, and engagement with, their children's learning. We know this through hosting weekly workshops that have improved their confidence. A sample group reported: 100% agreed or agreed strongly that they had improved understanding of supporting children's learning and that they were more able to support their children's learning.
- Refugee children involved with Love to Learn Wednesday Club have increased their confidence and learning skills. A sample group reported: 98% agreed or agreed

strongly that they have gained confidence and new skills.

 The relationship between refugee families/carers and schools involved with Love to Learn has improved. We know this as teachers from local schools including Chestnut Grove, Eardley Primary, Southfields Academy, Harris Academy Battersea, Bolingbroke Academy, St Georges Primary, Griffin Primary Schools have all stated that our work with students has improved their understanding and relationship with refugee families. During a parent focus group, in November 2014, 18 parents said that they could communicate more successfully with school and identified how this was achieved.

### **Grow our services**

### FGM Community Champions Project

The Girls Who Could Not Climb Trees was the title of our final report to the Home Office (who were the principal funders of this work) for our Female Genital Mutilation (FGM) Community Champions project. This title comes from the first training session when the FORWARD trainers asked the group to think about when they realised there was a difference between girls and boys. Five of them said prior to being 'cut' they had played equally with their brothers, enjoyed football and tree climbing etc... but following their 'circumcision' their parents told them they could no longer climb trees or play such games.

The project recruited ten

I cannot help my children with homework and school is very different here [from Somalia]. I missed so much because of the war in my country — we need this for our children because we can't speak English. We need to learn too.

A Somali mum talking to our Love to Learn team, 2014



Above: Love to Learn's 10th birthday Below: KLS' FGM Community Champions Left: Enjoying a campfire on a Love to Learn outing Community Champions from affected communities in the borough. They were trained and then supported to deliver more than 50 awareness raising sessions and workshops in order to educate more than 700 people from these communities about the health, social and legal issues relating to FGM.

We worked with local community groups, including the Elays
Network, the Association of Somali
Women and Children (ASWAC),
Wandsworth Council and the Home
Office to make this project happen.
We've since received further funding
from Wandsworth Council and
ROSA to continue this important
work in 2015/16.



### **Grow our services**

# English for Speakers of Other Languages (ESOL) Classes

Katherine Low Settlement has a strong track record of providing English for Speakers of Other Languages (ESOL) community courses since 1999. This year we provided three ESOL classes each week for approximately 25 people to learn English, in partnership with our Love to Learn team, South Thames College and support from St Mary's Church who fund the crèche for learners with children.

An ability to understand and communicate in English is an essential skill that newly-arrived

refugees need to acquire so that they can get on in the community, access services including local schools and GPs, move into employment, become actively involved in the local community and so much more.

In early 2015 we secured threeyear funding from

City Bridge Trust to expand our ESOL provision and will do so from the new academic year in September 2015.

ESOL (English) classes at KLS Sally Petch 020 7223 2845 sally@klsettlement.org.uk www.klsettlement.org.uk

It is even more important that KLS and other charities step in as cuts to public sector funded ESOL provision continue apace.



Mary volunteers at Wednesday Club

Mary is a Hungarian-born volunteer at our Love to Learn project with an extensive background in childcare. She originally came looking to volunteer to get some experience in a British childcare environment, but ended up staying because she loved it so much.

Of her time with Love to Learn's Wednesday Club, Mary said, 'At first it was very useful for me because it helped me adapt my English better. I helped them with their homework but I was learning with them too. I've been here for two years now and I love it. I've watched the children grow for two years

and it's been amazing. The other volunteers are great too — we have a good team dynamic. And then you make friends and go to the pub and socialise... there are lots of benefits to volunteering.'

She also spoke of the mix of cultures in Britain, and at the club itself.

'It is interesting because you meet so many different characters and it is a lot of fun... I am also thankful to staff here because they are very helpful for people like me – the volunteers – for example, what we might do in the future outside of volunteering.'



### Improve our community centre

uring 2014/15 we continued our efforts to improve our Community Centre at 108 Battersea High Street to ensure it is a high-quality community facility for local residents and community groups. It is important that we invest into developing the facilities, and the asset which we own, for the benefit of the local community. This has been greatly helped by the appointment of Tony Hersey, in a new combined role of cleaning and maintenance work at KLS.

We recognise that there are many other experts working in the community, and that KLS cannot do everything. We therefore invite other charities and community groups to operate out of our premises and together as partners we can meet the diverse needs of the local communities of Wandsworth. This involves renting office space, and renting

activity rooms so they can provide activities and services. We also offer pro-bono business consultancy support to develop the organisational infrastructure of other local charities and social enterprises on issues such as governance, strategy, fundraising, HR, and needs analysis and user research. If you'd like some help then please do get in touch.

### Improve our community centre

### **Office Space**

During 2014/15 our rented office space was fully occupied. It is important that we host other charities and social businesses so they can flourish as office space is hard to find and at a premium in Battersea. Each has been hand-picked and they are actively encouraged to cross-pollinate and collaborate with each other. The fruits of which further enrich the local community.

### Our Tenants in 2014/15 included

- Act Too / Baked Bean Theatre Company
- Childcare & Business
   Consultancy Services (CBC Services)
- Family Action Young Carers project
- Fuelbanks and Families
- Lightbox Theatre Company
- South West London Law

#### Centre

- Wandsworth Citizens Advice
   Bureau
- Well Kneaded Food

The Railway Children Nursery and Play Group we run with our charity partner, CBC Services, continues to do well in a difficult economic environment.

### The ESOL class visits the British Museum



Amy is our new, and first ever, apprentice at Katherine Low Settlement. She joined us in May 2014 and is taking on our front-of-house reception and business administration. Amy grew up locally, so knows Battersea and its communities well. She's also a self-professed 'people's person', which is what we're all about and just what we need for our reception. What follows is an account of her first few days.

'On my arrival on my first day, I was welcomed by one of the volunteers at the desk. I felt comfortable from the moment I stepped in. She made me a hot drink and happily showed me around the first floor and congratulated me on the job. I was later shown around the building by various people. It gave me the

chance to get to know everybody and their role at the Settlement, which was really nice. Everyone was inviting and pleasant and has made me feel at home, all happy to chat or help, or even just to offer a cup of tea.

In the few days I've been here I've seen people come in and out with a smile. I enjoy working in a positive place and have loved seeing the community of Battersea, where I've lived all my life, come together to enjoy the company of each other, while participating in some great activities – users and staff alike. It's uplifting to see so many volunteers dedicating time at the Settlement too. The people are wonderful, the place is comfortable and the aims of Katherine Low are inspirational. I am so thrilled to be connected



with the community and grateful to work in such a lovely environment!'

Having spent a formative year with KLS, the good news is that Amy went straight into another job. Good luck with the future Amy.

You've got to remember the formation steps... it's a great test for the mind.

Dee, a member of Dance for Life

### Improve our community centre

#### **Room Hire for Activities**

e have worked hard to increase occupancy levels by 169% over the last 2 years, for the rooms we make available for other charities and community groups to deliver their own activities and services from 108 Battersea High Street.

We have worked with the following regular partners in 2014/15. There were also an increased number of one-off bookings from local charities, community groups and residents.

### Regular Groups using our premises 2014/15

**Act Too/Baked Bean Theatre Company** 

Alzheimer's Society: Singing for the

**Brain** 

Alzheimer's Society: The Bluebell Café

**Beautiful Gate Battersea** 

**Buna Kazoku Karate Club** 

Calligraphy & Lettering group

**Caterpillar Music** 

**Challenger Troop** 

**Church of the Restoration/Battle Axe** 

**Ministry** 

City of God International

**Drink Driver Education** 

**EACH Counselling & Support** 

**Elays Network School** 

**English For Action** 

ESOL classes, in partnership with

South Thames College and St Mary's

**Church (Battersea)** 

**Exploration Society** 

Family Action Young Carers project

**HartBeeps** 

Jehevoh Jireh Pentecostal Apostolic

**Assembly** 

Karate with WOW Mums

Kung Fu

**Lightbox Theatre Company** 

**Line Dancing** 

Notre Dame de France catechism classes

**Pilates** 

**Pregnancy Yoga** 

**RCCG Church** 

Royal Academy of Dance: Dance for Life

**Sociable Paws** 

**Sound Minds: Community Choir** 

Sound Minds: Mama Low's Kitchen

South London T'ai Chi

**South West London Law Centre** 

**Spotlight Jazz Dance** 

**Supple Strength Training** 

**SW** London Power Yoga

The Little Club/The Contact Club

The Redeemed Christian Church of God

**WOW Mums** 

Yoga

### HIRE A ROOM AT KLS!

Hire our space whatever the occasion be that birthdays, conferences, meetings, training or parties. We can accommodate small and large groups up to 100 people, in one of our 5 rooms to hire.

We're open 7 days a week and are easy to reach with good transport links. We have catering, wifi & IT facilities, equipment galore and disabled access.

For one-off bookings, weekly classes, long-term bookings – all are welcome. We are the perfect venue to hire for

We are the perfect venue to hire for all type of events and meetings, so please get in touch, as we're here to help.

#### **Contact:**

Tracy Frostick 020 7223 2845 tracy@klsettlement.org.uk www.klsettlement.org.uk









Above: versatile rooms to hire for all occasions



Alzheimer's Society Bluebell Café

Andrea Owen 0208 877 0033/07703 471 517 Andrea.Owen@alzheimers. org.uk

I'm Clare Davies, the Café Coordinator for the Alzheimer's Society. We rent a hall from KLS, as well as cross-refer between our services. I run three Dementia Cafés in Wandsworth, one of which is the Bluebell Café at KLS. These are monthly gatherings where people with dementia and their family and friends come together for mutual support. They enjoy warm company, light refreshments and participate in stimulating activities (often singing), as well as accessing Alzheimer's Society information and advice. These might be about welfare benefits, to where to find a dementia-friendly hairdresser.

Guest speakers attend at the request of members. Topics have included: fire safety at home, legal aspects of living with dementia, fall prevention and Telecare equipment. The café depends on a team of fantastic volunteers who help make everyone feel welcome and safe.

The café is quite new and we've steadily built up the membership.

10 – 20 people attend every session. Highlights over the last year have included a visit by Battersea MP Jane Ellison and a very well received talk by a solicitor on legal issues such as paying for care, Lasting Powers of Attorney and the implications of the new Care Act

Over the coming year we hope to increase membership and access, and to continue to provide members with what they need to live well with dementia. Most importantly, the knowledge that they are not alone and support is available.

We are planning to provide members with lessons on relaxation techniques, t'ai chi and yoga, to help people manage their stresses and strains. We also hope to be able to provide a peer support group for carers, allowing those who can't get out alone to come to the café with their loved one and access the support and information confidentially while their loved ones enjoy activities on the main café.



SW Power Yoga Richard Timu 07702 III 276 info@swpoweryoga.com www.swpoweryoga.com

My name is Richard Timu and I'm a Yoga teacher and founder of SW Power Yoga. I teach three yoga classes a week at KLS from beginners to advanced. My goal for each class is for everyone to leave feeling sparkling and energised.

I stumbled on yoga at a gym then quickly became hooked. As a Yoga teacher my mission is to give the best core-strengthening, muscle-toning, cardio-working, stress-reducing, clarity-enhancing yoga sequences with functional fitness exercises and high intensity interval. No bells, no incense, no frills, no fuss, no crazy pretzel poses — just solid dynamic flows, breath-linked movement, skillful inspired instruction and a motivating badass playlist soundtrack.

Yoga rewards both mind and body. Sometimes the mind can overtake a person. This is known as the monkey mind, which creates obstacles that stop you changing.

With yoga classes your mind is settled, giving more clarity, which helps your work, relationships and mostly importantly your wellbeing. After regular classes you transform and grow and this in turn opens out to your new self.

The physical rewards are to motivate yourself and push new boundaries. You may think you can't touch your toes or even attempt a headstand but after time and effort you can do it and more. Yoga is an excellent way to support the body in its healing process. It can be a powerful tool for rehabilitation from injuries, regaining strength, and balancing body alignment.

If you're new to yoga you may feel daunted but it's for all levels of interest and ability, all life stages, and all body shapes. We offer you knowledgeable support in a beautiful studio space that is clean, warm, and safe. You leave each session feeling energised, grounded and ready for life.



South London T'ai Chi Hamid Momtahan 07932 671 258 momtahh@momtahh.plus.com www.southlondontaichi.co.uk

I'm Hamid Momtahan and the founder and principal T'ai Chi teacher of the South London T'ai Chi School. As Professor Cheng Man-Chi'ng says, t'ai chi, practiced correctly and regularly, will gain one 'the pliability of a child, the health of a lumberjack and the peace of mind of a sage'.

South London T'ai Chi has provided low cost sessions at KLS for a number of years now. The classes are for mature people and the local community. My approach to teaching is essentially a non-combative soft t'ai chi, focusing on relaxation, dynamic balance improvement, fitness and health.

Most classes start with gentle stretching or warm up exercises. These loosen the body, relax the mind, improve flexibility, balance and build up sensitivity and awareness of your body. Hidden in these exercises are the essences of t'ai chi — being soft rather than hard and unyielding.

In most classes a 't'ai chi form' will be taught. A form is a combination of movements initially developed by a Grand Master, and then passed on to his senior students and then taught to you movement by movement. The form is not the end; it is only a tool to practice the essence of t'ai chi. Many additional exercises go on which involve working with other students. They are all good fun.

My oldest student was 105 when she was learning t'ai chi. She died aged 107. What I learnt from her was one of the keys to longevity is not to give up on learning.

I retired after a 30-year professional career as a Business Development Manager and Educational Technologist. I made a 360 degrees life change, turning my 20 year passion of qigong and t'ai chi into the South London T'ai Chi School.



Dee is for dance

Dee is an older lady living in
Battersea who attends the weekly
dance class at KLS Community
Centre run by the Royal Academy of
Dance. Today she said she didn't feel
much like coming, but that the class
is worth the effort even if you feel
that way. They are currently learning
Salsa, Flamenco and types of modern
formation. 'I love Flamenco. I have
always wanted to learn it. It's very
dramatic.' I asked Dee if she was
any good and she replied, 'No!'. 'The
dance is also good for the memory,'
says Dee. The class, predominantly

female, has given Dee a set of new friends. 'The ladies are really nice. We sometimes go out for a coffee or something to eat afterwards. They're all different types of people, but they're my sort of people.' Dee told me that her friends are encouraging of other activities — such as the gym. 'I've been with the gym about eight months now. One of the ladies here introduced me.' Hannah teaches the class each week. Dee said of her, 'She's a good teacher... very patient; you know, we're not the sharpest tools in the box at our age.'

EACH Enabling Change Rebuilding Lives

### **EACH Counselling**

Rebeca Calle rcalle@eachcounselling.org.uk www.eachcounselling.org.uk My name is Rebeca Calle and I am a Chartered Psychologist at EACH, a charity which provides specialist services for people with alcohol, drug, mental health and domestic violence concerns. I work specifically for EACH Counselling, which is a member of the London Violence against Women and Girls consortium, funded by London Councils, delivering a range of services for survivors of domestic and sexual violence.

At KLS, we provide one-to-one counselling to survivors of gender-based violence; alongside a 12-week Domestic Violence support group, which offers a safe environment for survivors to meet, share similar experiences and receive support. This group helps reduce isolation and creates strong bonds between the women. In turn this enables them

to make informed choices, minimise repeat victimisation, increase their safety and improve their wellbeing. The service is free and available to women aged 18+, from any background, who have experienced domestic violence and abuse. Other service providers can refer or women can just refer themselves.

Over the last year we've worked from a safe and accessible location at KLS for clients to use the services. The support group is going very well, with consistent attendance and very positive feedback. Since we started offering counselling services at KLS we have established strong links with local partner agencies. Next year we hope to foster the positive and supportive working relationship with KLS, which is fundamental in our ability to offer services to women in the community.

I would recommend yoga for all ages. It appeals to a range of people... I love the muscle stretching as you become so flexible?

Kathleen, 71, Yoga participant

### **Build stronger communities and campaigning**

e continued our community building and campaigning work. This involves building relationships, networking, contributing to community initiatives, supporting other charities and community groups, collaborative work with other agencies, and bringing different peoples and communities together. We have focused principally on:

- Wandsworth Older People's Forum and Network
- Wandsworth Clinical Commission Group Patient Participation & Involvement
- Wandsworth Healthwatch
- Battersea Community Forum
- Big Local SW11
- Refugee and Migrants Advisory Group

This work brings about stronger organisations and infrastructure within Battersea, and gives a campaigning 'voice for Battersea', which together builds a stronger, more supportive and cohesive local community.

It's a joy knowing I'm coming to volunteer on a Wednesday and Thursday. Sis, 2015



KLS & Thomas's go MADD!

Katherine Low Settlement teamed up with local school Thomas' Battersea for their Make a Difference Day (MADD) on 12th June 2014. This annual event encourages pupils from Years 3 – 8 to spend a day volunteering in the local community to make a difference.

MAD day started at 9.00am with a service of celebration at St Mary's Battersea Church (one of KLS' co-founders) on the riverfront. There followed a packed morning of activities and fun with more than 260 pupils supporting 16 different charities and community groups in Battersea.

We were honoured that a group of Year 8 pupils performed extracts of their school show, Bugsy Malone, for the pensioners lunch club; and a Year 4 class made 90th birthday biscuits, cards and posters to help celebrate KLS' 90th Birthday.

Antonia Cordingley, a parent and PTA organiser commented, 'On MAD Day 260 Thomas's children walk out into our community to try and make it a better place. We had a really rewarding morning at KLS in which the children took great pride in singing and performing from Bugsy Malone in front of an elderly audience. The smiles that they got in return made it all the more special and meaningful. The children understand that they are not changing the world in a morning but hopefully having a small positive impact on someone's day goes towards making a difference'.





www.safeground.org.uk

In October 2014 KLS collaborated with Safe Ground, a charity who run community projects in prisons, on a poetry project called GROUNDation.

GROUNDation bought together a mix of people to enhance their creative writing and performance skills. Fourteen of our older people participated in three poetry workshops facilitated by poet Sara Hirsch; as did a number of prisoners on a rehabilitation programme in Wandsworth Prison. In March the two groups met to share their poetry. 'I was hesitant at first to go', says Gloria, 'you expect a bad environment in a prison. It was very comfortable and friendly. Not what you expect. I'm glad I went in the end... The group worked with the prisoners and then presented their poems together. There were some very emotional poems. Very sad indeed.'

By throwing themselves into the experience, talking and expressing themselves through writing, everyone was able to develop a greater understanding and better relationships with themselves, each

other, poetry and their communities. Gloria was amazed how the sessions developed from initial brainstorming to creating and reciting poems. 'I remember the first session. We had this wonderful lady who was a brilliant poet. She recited her own poems — which were great — and then she gave us pieces of paper with words on them "In Wandsworth I..." and we had to complete the sentence. It was a good way to stimulate the mind and get us thinking. That's how we began our own poetry.'

A book of poems was produced called HOME and then physically bound by our older people and the prisoners. It was launched on 23rd April 2015 both in Wandsworth Prison and Waterstone's bookshop in Clapham Junction. The proceeds go back into Safe Ground so they can run more sessions like this.

The whole experience was very exciting and worthwhile, the relationship that developed between the two groups was heart warming and we all learnt a lot about our poetic talents and prison life.



### **Aspire Estate Agents**

Mark Howell 020 7801 3400 battersea@aspire.co.uk www.aspire.co.uk On 18th September 2014 local estate agents, Aspire, joined KLS for their first ever corporate challenge day. The day was in part to give something back to the community and for their staff to have a fun development day. The team painted two of our offices (and generously paid for new carpets), cleaned the nursery and our basements, and

gave our 'jungle' garden a make-over.

We all had a blast and come the end of the day trotted down to the pub, feeling shattered but content. We got a load of work done that we didn't have the time, capacity and resources to do, ultimately leading to us being able to offer an even better service to the local community.

#### Celebrate our 90th birthday Battersea Question

### A year of events

e celebrated Katherine Low Settlement's 90th birthday throughout 2014 to develop stronger relationships with local people and organisations, raise our profile, and raise funding to make the building more accessible. We held nine major birthday events in total including:

To kick off the 90th celebrations we held a celebrate! **Volunteer Awards** evening, hosted by the Mayor of Wandsworth, on 23rd January 2015. We honoured and thanked 139 volunteers, who are the bedrock of our work at the Settlement.

> We hosted a cracking Easter Egg Hunt on 14th April with 110+ families and their children.

**Time**, a political husting on 1st May in time for the local elections. In honour of Katherine Low, whom we suspect was involved in the Suffragettes. We'll host a General Election husting in 2015.

- Our official 90th birthday party was held on 17th May and attended by several hundred people (see case study below).
- We held a photographic **exhibition** in partnership with artist Faisal Abdu'Allah and three KLS groups at the Pump House Gallery, 25th June – 2nd August.
- Our 90th Annual **General Meeting** + Party on Ist October was well attended, as always.
- We celebrated the I0th anniversary of our Love to Learn project on 27th October with 100+ families.

past and present users, staff and supporters.

- Carols in the Square on 2nd December was delightful and a great way to start the festive season attended by 400+local residents, raising funds for KLS and Battersea Summer Scheme, another local charity.
- And finally we hosted a number of Christmas & 90th birthday parties over December, including a party of our older people at Dimson Lodge with 19 GPs and medical volunteers from Wandsworth Clinical Commissioning Group.

Thank you to everyone who helped organise these events and shared in the celebrations. We had an amazing birthday year and now can't wait for our 100th!

### KLS' 90th Birthday Celebration



Katherine Low Settlement celebrated its 90th Birthday on Saturday 17th May with a lively street party.

The Mayor of

Wandsworth, Cllr Angela Graham, opened the special event by unveiling a blue plaque in memory of Katherine Low, in whose name the charity was set up in 1924. It was generously donated by the Battersea Society.

Local Battersea MP Jane Ellison, and several local councillors, also attended. A giant birthday cake, baked by local resident Lourita Pusey, was then cut by the President of Katherine Low Settlement, John Wates, and 'Happy Birthday' sung by a crowd of several hundred people, who took over Battersea High Street.

A packed afternoon of entertainment followed; food and fun all provided by enthusiastic users and volunteers of the Settlement and other local schools, charities and business partners. There were dance workshops, karate demonstrations, history talks, face painting, planting 90 seeds in Fred Wells Garden, 90 hand paintings by local children, 90 red KLS balloons were released and a raffle (with many prizes donated by local businesses).

There were also performances from four choirs, reggae and rock bands from local mental health charity Soundminds, and bopping to the Baked Bean DJ crew and much, much more.

Gwyn, now in her 90s, first attended Katherine Low Settlement back in the 1930s and she returned for the birthday party and said, 'A few things about the

building have changed but the place still has the same feel about it – what a lovely party'.

Aaron Barbour, Director of Katherine Low Settlement, said, 'We had an amazing day, celebrating with all the local community. Everyone came along: users and colleagues past and present, friends and neighbours and those who have never been here before, all joining together to celebrate 90 years of our work in Battersea. Here's to another 90 years.'

Margaret Robson, Chair of Trustees of Katherine Low Settlement said, 'What a triumph! Many thanks to everyone involved in today's celebrations. It was a marvellous occasion, truly inclusive – a typically welcoming and hospitable KLS, and a great atmosphere.'







Fun for all at our 90th birthday party







KLS' Easter Egg Hunt

To celebrate KLS' 90th birthday and Easter we decided to hold an Easter Egg Hunt for 110+ families in April 2014. It was a joyous affair, eagerly anticipated by the young ones who could barely contain their excitement as they arrived. Many came in fancy dress, others had their faces painted. All had one thing on their mind:

And then they were off, following the trail (well most of them did) around Fred Wells Gardens, solving the clues and discovering the eggs. One little boy was so successful, such was his enthusiasm, that he found 50 eggs! And was asked to kindly put some back for the others. All the children came away with

a sugar rush, plus chocolates and prizes, kindly donated by many local businesses (thank you).

Hana, from our Love to Learn project, said afterwards that what she'd really enjoyed seeing was the variety of different people coming together, from KLS' family of partners and services — community in action.

A BIG thank you goes to Anita Richards, a local mum, who volunteered her time, skills and determination to organise this very successful event. We'd also like to thank her family, everyone else that mucked in and helped, and local businesses who gave their time and money. You all did a fantastic job.



# Director's Report

### **Aaron Barbour**

'Whatever the problem, community is the answer.'

Motto of the Berkana Institute 'Relationships are all there is. Everything in the universe only exists because it is in relationship to everything else. Nothing exists in isolation. We have to stop pretending we are individuals that can go it alone.'

Margaret Wheatley (2002), 'Turning to One Another'

e all know that it's really people that make the world go round. It certainly is at Katherine Low Settlement. Our focus is to invest into the people and communities of Battersea and Wandsworth, building strong relationships. This is at the heart of what we do every day. We know from our 90 years experience that this develops community.

We connect with and bring people together from all backgrounds so that they can know and trust one another before they start doing things together for mutual benefit. We focus on strengthening social bonds, increasing confidence and self-esteem, and providing practical support to improve their lives, e.g. supporting their education, sorting out a housing problem, integrating them into the community through English (ESOL) classes, reducing isolation and improving their health and wellbeing.

We also build the capacity of local charities and community groups by offering pro bono business consultancy, the physical space to deliver their own services, and access to charity and business networks. We know that a stronger charitable sector makes for a stronger, more robust,

community in Battersea.

This year we've been doing all of this and more as you've read so far in this report. We've had a particularly wonderful year celebrating our 90th birthday. We did this through growing our everyday work and holding the odd party or two. We connected with old and existing friends, colleagues and members/users, as well as making new friendships with people, charities and businesses from all over the borough and beyond. Thank you for joining in and sharing the celebrations with us and supporting the work of the Settlement. Here's to another 90 years of the Katherine Low Settlement.





### George Colliety walks 90km on his 90th birthday for KLS' 90th birthday

Like us George Colliety celebrated his 90th birthday in 2014. To mark the occasion George decided to walk 90km over two weeks, from 21st July to 3rd August 2014, whilst raising money for KLS' work. He walked through Oxford and along the Thames with different family

members and friends taking it turn to accompany him on each stage of the journey. George first came to Katherine Low Settlement in 1930s, which helped to change his life as a young person growing up in London at that time. George gave the keynote speech at our AGM in October regaling us with his adventures on the walk and those as a young man in Battersea.

# We need your help

t takes commitment, passion, hard work and money to run Katherine Low Settlement effectively. If we had more of each of these we could do more to support local people and the communities of Battersea. That's why we need your help. You could, for example, volunteer your time

and skills, introduce us to new friends and supporters, organise a community event, undertake a sponsored fun run, leave a legacy in your will and there's so much more. Any support you give to KLS, no matter how small or large, is always much appreciated.

Contact Aaron
020 7223 2845
aaron@klsettlement.org.uk
or just drop by and visit us
in Battersea High Street.
To make a donation please
visit www.charitycheckout.
co.uk/1081248/donate

# Thank you

e would like to thank all of you who get involved with our services. We trust that we are providing the support and services you need. Please let us know how we can improve.

We would like to thank our staff. Your tireless energy, commitment and passion ensures that we have the best services for local people. Thank you. Please keep up the excellent work.

We would like to thank our volunteers. You are the lifeblood of Katherine Low Settlement. We would not be able to survive without you.

We would like to thank all of our funders - large and small, longstanding and new supporters. Thank you so much. We really appreciate the financial support you give to our work. We receive the majority of our income from generous grants and contracts, and would like to thank in particular: AB Charitable Trust, BBC Children in Need, Big Lottery Fund, Childwick Trust, The Feathers Association, Home Office, Inman Charity Trustees Limited, Lynn Foundation, Sir Walter St. John's Educational Trust, the Tudor Trust, Wandsworth Borough Council, Wandsworth Clinical Commissioning Group (CCG), the Wates Foundation, and some generous anonymous donations - for all of which we are very grateful. Thank you.

We would also like to thank Francis Holland School and Thomas's Battersea School for their continued support.

In addition to our own work and services the Katherine Low Settlement also invites other organisations and community groups to operate out of our premises (either to offer their own services or to run their back office) **–** so together we can meet the diverse needs of the local communities of the London Borough of Wandsworth. We would like to thank all of our partners and look forward to working with you for many years to come. We are stronger when we work together.

# Financial Summary 2014/15

atherine Low Settlement's Annual Report & Accounts 2014/15 is available to download at www.klsettlement.org.uk

| Income                    | 2014/15         | 2013/14  |
|---------------------------|-----------------|----------|
| Donations                 | £74,974         | £71,844  |
| Generated Funds           | £8,614          | £6,446   |
| Grants                    | £236,252        | £242,083 |
| Rent & Room Hire          | £143,812        | £118,700 |
| Bank interest             | £262            | £2,711   |
| TOTAL                     | £463,914        | £441,784 |
| Expenditure               |                 |          |
| Governance costs          | £3,000          | £3,000   |
| Occupancy costs           | £105,519        | £92,519  |
| Staff costs               | £250,570        | £264,018 |
| Sundry costs              | £6,204          | £6,175   |
| Welfare & Outgoings costs | <i>£</i> 43,321 | £39,045  |
| TOTAL                     | £408,614        | £404,757 |



750
nursery rhymes & songs
sung at Hartbeeps classes



310
Iitres of cleaning liquids
used to make our
community centre
sparkle



**500** visitors a week

**52,000** telephone calls made



Easter eggs and presents given at our Easter egg hunt





139 KLS volunteers recognised and thanked by the Mayor of Wandsworth





# Plans for the future

uring 2015/16 we will continue to work hard to deliver our threeyear strategy and plan (January 2014-December 2016). We will focus our efforts on:

- 10,500 cups of tea, 5,400 cups of coffee & 520 pints or nite. And the second se Growing our existing services with older people: We are building an enhanced programme, co-produced with older people, to encourage active and independent living, reduce isolation, improve their health, and enable them to be dynamic and contributing members of the Wandsworth community. The team will work hard to increase numbers of older people taking part through outreach, extensive networking and increased marketing, as well as developing the variety of services we currently offer.
  - Growing our existing services with newly-arrived refugee communities: We will further strengthen the work of our Love to Learn education team; consolidate and refund our FGM Community Champions work; and extend our ESOL provision for 40 new students from September 2015.
  - Developing two new services: One will deepen our understanding of how different BAME populations can most easily access mental health and wellbeing information and support in Wandsworth. We're currently seeking funding for a pilot project with Somali- and Tigrinya-speaking populations, in partnership with refugee charity CARAS. The second will seek to address the

rising tide of in-work poverty amongst local people in Battersea.

- Improving our community centre: In addition to the premises improvement programme, the Board of Trustees and Senior Management will produce a 10 year development master plan for the site, giving immediate priority to increasing access by installing a new lift.
- Building stronger communities and campaigning: We will continue to support the development of local organisations and community infrastructure within Battersea and Wandsworth. We also plan to keep on bringing the voice of local people to the fore, influencing and campaigning for change on pertinent local issues such as housing, employment, benefit changes and regeneration.
- New Strategy Development: During 2016 we will work together with the Board of Trustees to develop a new 3-year strategy for KLS that will start in 2017.

We look forward to working alongside many more local people and community organisations in Battersea and Wandsworth over the coming year, so that we continue to build stronger communities and enable people to challenge and find ways out of poverty and isolation.



16,540 miles covered by our minibus



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